

ISABODY CHALLENGE

The Path to Completion

1

'Before':

THE FINAL LOOK AT THE OLD YOU

Snap four full-body photos of you standing. Upload via your Back Office when you register for your Challenge. Make sure one of the four photos has a time stamp or features a newspaper from the established Start Date.

2

'After':

SHOW OFF THE NEW YOU

Snap four full-body photos of you standing. Upload within two weeks of your Challenge End Date. Make sure one of the four photos has a time stamp or features a newspaper from the established Start Date.

3

Inspirational Essay:

TELL US YOUR STORY

Write a 250-500 word essay sharing your IsaBody Challenge journey. Submit your essay at the same time as your 'After' photos.

4

500 BV:

USE THE PRODUCTS

Participants must purchase and use Isagenix products during their IsaBody Challenge. A minimum of 500 BV is required throughout your 16-week Challenge period.

5

Maintenance:

PHOTOS AND WEIGH-INS

Participants who complete their IsaBody Challenge three or more weeks prior to the Challenge judging period deadline are required to submit four final 'Maintenance' photos.



START. COMPLETE. REPEAT.