

Complete Essentials with IsaGenesis - Men

Active Ingredients:

	per Softgel	per Pack
IsaGenesis		
Cyanocobalamin (vit B12)	7 mcg	14 mcg
Ascorbic acid (vit C)	10 mg	20 mg
Betacarotene	1 mg	2 mg
Alpha lipoic acid	7 mg	14 mg
Quercetin dihydrate	4 mg	8 mg
Pomegranate (Punica granatum) fresh fruit juice	36 mg	72 mg
Harada (Terminalia chebula) fruit	5 mg	10 mg
Herbal extracts equivalent to dry:		
Turmeric (Curcuma longa) root	1.68 g	3.36 g
Equiv. Curcumin	39 mg	78 mg
Acacia (Acacia nilotica) stem bark	24 mg	48 mg
Bacopa (Bacopa monnieri) herb	125 mg	250 mg
Boswellia (Boswellia serrata) gum oleoresin	54 mg	108 mg
Black tea (Camellia sinensis) leaf	10 mg	20 mg
White tea (Camellia sinensis) leaf	23.2 mg	46.4 mg
Equiv. Epigallocatechin-3-O-gallate	695 mcg	1.39 mg
Green tea (Camellia sinensis) leaf	720 mg	1.44 g
Equiv. Epigallocatechin-3-O-gallate	14 mg	28 mg
Goldthread (Coptis chinensis) root	15 mg	30 mg
Horny goat weed (Epimedium sagittatum) herb top	205 mg	410 mg
Panax ginseng whole plant	125 mg	250 mg
Raspberry (Rubus idaeus) fruit	50 mg	100 mg
Milk thistle (Silybum marianum) seed	6.52 g	13.04 g
Giant knotweed (Fallopia japonica) root	2.4 g	4.8 g
Equiv. Resveratrol	15 mg	30 mg
Bilberry (Vaccinium myrtillus) fruit	28 mg	56 mg
Grape (Vitis vinifera) seed	800 mg	1.6 g
Ashwagandha (Withania somnifera) root	80 mg	160 mg
Marigold (Tagetes erecta) flower	467.5 mg	935 mg
Lutein esters calculated as Lutein	500 mcg	1 mg
Equiv. Zeaxanthin	167 mcg	334 mcg
Essentials for Men	per Tablet	per Pack
Betacarotene	982 mcg	1.96 mg
Thiamine hydrochloride (vit B1)	6.75 mg	13.50 mg
Riboflavin (vit B2)	6.75 mg	13.50 mg
Nicotinic acid (vit B3)	6.31 mg	12.62 mg
Pyridoxine hydrochloride (vit B6)	12.2 mg	24.39 mg
Folic acid	125 mcg	250 mcg
Cyanocobalamin (vit B12)	2.5 mcg	5 mcg
Calcium pantothenate (vit B5)	21.74 mg	43.48 mg
Ascorbic acid (vit C) from	30 mg	60 mg
Calcium ascorbate	30.49 mg	60.98 mg
Magnesium ascorbate	3.05 mg	6.10 mg
Sodium ascorbate	2.81 mg	5.62 mg
Calcium from	203 mg	406 mg
Calcium citrate hydrate	4.88 mg	9.76 mg
Calcium carbonate	527.03 mg	1.05 g
Hydroxyapatite	13.64 mg	27.27 mg
Calcium gluconate	11.30 mg	22.60 mg
Calcium ascorbate	30.49 mg	60.98 mg
Magnesium from	101.47 mg	202.93 mg
Magnesium oxide heavy	146.55 mg	293.10 mg
Magnesium citrate	105.65 mg	211.30 mg
Magnesium ascorbate	3.05 mg	6.10 mg
Zinc from	3.75 mg	7.5 mg
Zinc amino acid chelate	833 mcg	1.67 mg
Zinc oxide	3.75 mg	7.50 mg
Zinc citrate dihydrate	1.60 mg	3.20 mg
Iodine from	50 mcg	100 mcg
Kelp (Laminaria digitata) blade and stem powder	1.26 mg	2.52 mg
Potassium iodide	57.16 mcg	114.32 mcg

Active Ingredients:

	per Tablet	per Pack
Essentials for Men (cont.)		
Copper from	500 mcg	1 mg
Copper gluconate	3.65 mg	7.30 mg
Manganese from	500 mcg	1 mg
Manganese amino acid chelate	2.5 mg	5 mg
Chromium from	12.5 mcg	25 mcg
Chromium picolinate	104 mcg	208 mcg
Mixed tocopherols (high-alpha type)	7.54 mg	15.08 mg
Phytomenadione (vit K1)	20 mcg	40 mcg
Biotin	75 mcg	150 mcg
Selenium from	37.5 mcg	75 mcg
Selenomethionine	94 mcg	188 mcg
Potassium from	12.5 mg	25 mg
Potassium citrate	34.72 mg	69.44 mg
Boron from	125 mcg	250 mcg
Borax	1.11 mg	2.21 mg
Alpha lipoic acid	5 mg	10 mg
Choline from	1 mg	2 mg
Choline bitartrate	2.82 mg	5.63 mg
L-cysteine from	2 mg	4 mg
Cysteine hydrochloride	2.56 mg	5.13 mg
Lycopene	1 mg	2 mg
Citrus bioflavonoids extract	17.5 mg	35 mg
Rutin	11.56 mg	23.12 mg
Hesperidin	1.66 mg	3.32 mg
Herbal extracts equivalent to dry:		
Alfalfa (Medicago sativa) herb top	22.5 mg	45 mg
Saw palmetto (Serenoa repens) fruit	100 mg	200 mg
Grape (Vitis vinifera) fruit	2.5 g	5 g
Green tea (Camellia sinensis) leaf	100 mg	200 mg
Pomegranate (Punica granatum) fruit	8 mg	16 mg
Milk thistle (Silybum marianum) seed	80 mg	160 mg
Ageless Actives	per Capsule	per Pack
Cholecalciferol (vit D3)	6.25 mcg (250 IU)	12.50 mcg (500 IU)
Ubidecarenone (Co-Enzyme Q10)	25 mg	50 mg
Flax (Linum usitatissimum) seed	15 mg	30 mg
Herbal extracts equivalent to dry:		
Polygonum cuspidatum root	10 g	20 g
Equiv. Resveratrol	62.5 mg	125 mg
Pomegranate (Punica granatum) fruit	25 mg	50 mg
Ashwagandha (Withania somnifera) root	5 mg	10 mg
Wolfberry (Lycium chinense) fruit	5 mg	10 mg
Turmeric (Curcuma longa) root	5 mg	10 mg
Grape (Vitis vinifera) fruit	68.75 g	137.50 g
IsaOmega	per Softgel	per Pack
Concentrated omega-3 triglycerides - fish	1000 mg	1000 mg
Equiv. omega-3 marine triglycerides	630 mg	630 mg
Equiv. Eicosapentaenoic Acid (EPA)	330 mg	330 mg
Equiv. Docosahexaenoic Acid (DHA)	220 mg	220 mg
Pomegranate (Punica granatum) seed oil	50 mg	50 mg
Borage (Borago officinalis) seed oil	20 mg	20 mg
Evening primrose (Oenothera biennis) seed oil	20 mg	20 mg
Flax (Linum usitatissimum) seed oil	20.2 mg	20.2 mg
Sunflower (Helianthus annuus) seed oil	373 mcg	373 mcg

Contains fish (sardine & anchovy) ingredients.



GLUTEN-FREE



DAIRY-FREE